

INVOLUNTARY TREATMENT

HOLD AND TREAT:

Who can institute a "hold and treat" for involuntary mental health treatment?

- Police
- Physician (M.D.)
- Licensed psychologist
- Registered nurse (R.N.)
- Licensed clinical social worker
- Licensed counselor or marriage and family therapist with special training
- National Park Ranger
- A family member can go to probate court to ask for a hold

The law provides two types of Holds for Involuntary Treatment:

1. 72-hour Hold and Treat - This enables a person to be held involuntarily for a period of 72 hours, or three days, for evaluation and treatment.
2. Five Day Alcohol Hold - If alcohol use/abuse is involved, the person can be held for five days at a detox center for detoxification and evaluation.

If symptoms are not apparent in a brief evaluation by police and the person is unwilling to go to a professional, family members may petition the civil court system to order an evaluation.

CERTIFICATION:

When a physician requests a court order for involuntary treatment, the process is called a Certification.

- Short Term Certification is for three months and can be extended for an additional three months.
- Long Term Certification is for six months and can be extended for six month intervals.

The person who is certified has the legal right to contest certification through a court hearing.