

NBH News

Northeast Behavioral Health

Karen Thompson named Executive Director

Mission:

To provide a comprehensive array of superior behavioral health services that support safe, successful, and self-sufficient lives throughout our twelve counties.

Karen Thompson has been appointed Executive Director of Northeast Behavioral Health after Wayne Maxwell resigned. Ms. Thompson, who was the Director of Utilization Management, has been employed by both NBH and North Range Behavioral Health for over 30 years bringing a varied and extensive mental health background to her new position. Ms. Thompson assumed the duties of Executive Director beginning July 1st.



Karen Thompson, RN, MS CNS

Practice Guidelines

Neil Benson, Ph.D.,
Director of Quality Improvement

Each year, NBH is required to review and update its Practice Guidelines. As part of the review this year, we are asking you to give us your input.

NBH selected eleven practice guidelines, ten of which are found in the Colorado Work Group for Evidence-based Mental Health Practices (January 2004). This report was produced by a group comprised of key Colorado stakeholders including representatives from Colorado Division of Mental Health, consumers, family members, advocates, Colorado Behavioral Healthcare Council, Provider Agencies, mental health professionals, and the Colorado Psychiatric Society. Additional input was obtained from local, regional, and national contacts, literature review, national conferences focusing on

Evidence-based Practices, published guidelines, and toolkits,.

The Colorado Work Group gave highest consideration to publish scientific evidence that was available, but also sought and considered other sources of evidence that were derived from consensus based practices by experts in the field. The only practice not included in the Colorado Report is the "Recovery Model" which is as much a philosophy as it is an underlying approach to practice. The idea of recovery is related to the belief that a person can live a satisfying and meaningful life in spite of having to cope with a serious illness.

You will find the Practice Guidelines in your Provider Manual in Section 12.

Please complete the form on page 3 and return it in the postage paid envelope.

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Education Workshop

EPN Training

Purpose:

- ◆ Participants will learn about NBH's process for authorizing initial and ongoing sessions for Medicaid clients by learning how to accurately complete the initial and continued authorization paperwork. This will ensure that there is not a delay in payment.
- ◆ Participants will learn how to be compensated for their work by learning the importance of filling out paperwork in a timely and accurate manner.
- ◆ Participants will learn how to complete the treatment plan to include strength based, specific and measurable goals.

August 22 or August 29, 2005

(Choose one date to attend)

11:30 am to 1:30 pm

Larimer Center for

Mental Health

525 West Oak Street

Fort Collins

Presented by

Laura Martinez, Outpatient Coordinator
and

Libby Goode-Grasmick, Provider Coordinator

Lunch will be provided

Please RSVP by Monday, August 15th
to Libby at 970-347-2360 or
via fax at 970-392-1354

Trauma Focused-Cognitive Behavioral Therapy

Trauma Focused Cognitive Behavior Therapy (TF-CBT) is a treatment intervention designed to help children, youth, and their parents overcome the negative effects of traumatic life events such as child sexual or physical abuse; traumatic loss of a loved one; domestic, school, or community violence; or exposure to disasters, terrorist attacks, or war trauma. It was developed by integrating cognitive and behavioral interventions with traditional child abuse therapies, in order to focus on enhancing children's interpersonal trust and re-empowerment.

Thursday, August 11th and 18th

10 am to 3 pm

Monfort Clinic

100 N 11th Avenue, Greeley

Total training time is 8 hours. Persons wishing to attend need to commit to attending both sessions on both dates

Presented by

Karen Mallah, Ph.D.

Project Director for MHCD's

Family Trauma Treatment Program

as well as a Clinical Associate Professor

in the University of Denver's Psychology Department

Lunch will be provided

RSVP to Debbie Pilch at 970-347-2369
Or via email to debbie.pilch@northrange.org

New Telephone Number

970-347-2366

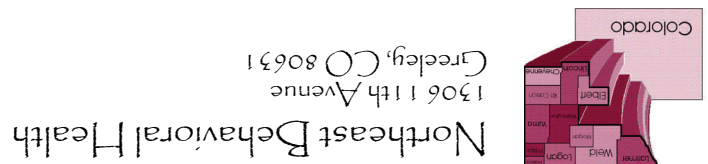
Jot this number down!

It is NBH's new direct number.

Of course, you can still reach us by calling **Toll-free 888-296-5827** or any of the direct numbers listed on page 4.

Release of Information Form

Due to a change in procedures at NBH, we **no** longer need to receive the Release of Information Form for your clients.



Third Party Insurance (TPL)

Please be aware that per your contract you are to inform NBH when you have a client with third party insurance. In turn, we are also to inform you if we find out one of your clients has TPL.

Medicaid is the payor of last resort.

If you have a client with TPL, you must bill the primary insurance first and Medicaid second with a copy of the EOB from the primary insurance company.

If you receive a call from a consumer with dual eligibility (Medicare/Medicaid) and you are not a Medicare provider, you must direct the caller to a Medicare provider. We can help locate a provider for your caller. If we can not find a provider for the consumer, we will authorize your services for the consumer.

Important Contact Information:

Utilization:

Karen Thompson
970-347-2372

Consumer Affairs:

Carol Staples
970-347-2367

Outpatient Coordinator:

Laura Martinez
970-347-2375

Inpatient/Intensive Services:

Anne Mitchell
970-347-2282

Provider Relations:

Libby Goode-Grasmick
970-347-2360

Claims Information:

Sylvia Job
970-347-2379

OR Toll-free 888-296-5827